

**Patient Portal Registration Steps**

1. Visit **portal.esementalhealth.com** and Click Sign Up
2. Select Location and fill in Personal Details
3. Click Next and Enter your Address
4. Click Next and Enter your Other Information – Enter Captcha, check Agree box and click Sign up
5. Once Patient Portal Home Page is opened, click on “Signature Required” to sign 4 required Legal Documents. Make sure to hit Submit
6. Click Patient Forms – Click ESE New Patient Intake Form. Fill out and hit Save
7. You also have the option to upload insurance and your medical history. Can add as attachment or upload to medical history section or insurance under Basic Details located at the top right corner of the page.